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WHAT IS NEW ZEALAND RISING?

New Zealand Rising is an alliance of separate groups and individuals from all across New Zealand who believe in a better future. We are many different people with different views, however we all share a common vision for the future.

"We, the people, stand united for a New Zealand that is respectful, includes everyone, and is free of government overreach."

"Kia tūkotahi tātou ō Aotearoa, hei whakarangatira tātou i a tātou. Herea te Kāwanatanga, kia kore e pēhia te mana o te tāngata."

NZR Directory of all groups around New Zealand that share this vision are on [our website](#)

Newsletters past and present can be viewed and downloaded [here](#).

Letters to the Editor: send to newzealandrising@proton.me

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SECTIONS

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7. Essential Reading / Watching
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From the Editor: There's an article below entitled The False Zen of Tuning Out. I get it, it's a challenge. There's so much happening, and there seems to be a quickening. But If you can remember that, there are no accidents, it seems to make sense. The Chinese proverb which states, "May you live in interesting times" reminds me, that we're here for a reason, and we'll survive. Doomscrolling isn't the answer, but hiding out isn't either. Although there are some tough reads here, don't forget the good news articles and the humour section at the end.

NEWS FROM NZ RISING MEMBER ORGANISATIONS AND INDIVIDUAL MEMBERS

Our Beloved Country - Illusions Laid Bare



From: NZDSOS

Guest writer Mary Hobbs delivers a powerful reflection on the state of New Zealand and the challenges our nation now faces, and she urges Kiwis to confront difficult truths, defend

freedom, demand accountability and safeguard the future of our beloved nation.

Story and Image by: Mary Hobbs

"When I despair, I remember that all through history the way of truth and love has always won. There have been tyrants and murderers and for a time they seem invincible, but in the end, they always fall... think of it, always." — Mahatma Gandhi

In earlier decades New Zealanders seemed far more relaxed as they cruised through life. It was a time of no internet – yes, the ancient times! – and less government and local council interference. Overall, we revelled in celebrating what it was to be Kiwi. We were proud of our country and shared an easy yet deep and understated passion for our people and our land. We basked in the overall illusion that we mostly had a parliament that made at least some sort of token effort to position itself as representing the people....Read the rest [here](#).

Hypocrisy not Hippocrates Guides Labour's Dr Ayesha Verrall

From: NZDSOS

Recently Dr Ayesha Verrall, Labour's spokesperson for Health, spoke in Parliament about the Healthy Futures (Pae Ora) Amendment Bill during its third reading.

She made a number of comments that are deeply, deeply hypocritical considering her actions as Associate Minister and Minister for both Health and the Covid-19 Response between November 2020 and November 2023. See the article [here](#).



The People of NZ Have Spoken



From: Stop Data Centres NZ

On Friday 24 July we called for a nationwide moratorium on hyperscale data centres - backed by our petition that demands proper regulations be put in place.

We are aware the Green Party is now also calling for a moratorium.

This came after our team members tried to make contact. That does not diminish the people's voice. We spoke first.

If you can support both, please do. But our democratic system allows us to formally advise the Government of New Zealand directly - and that is exactly what we will continue to do.

The first reply emails to those offering moratorium assistance went out overnight. If you want to get onboard, email us.

Petition: Stop Hyperscale Data Centres in NZ, More info [here](#).

Contact SDCNZ and see their post [here](#).

Director of Florida's New Era Medical Center Spike Protein, Shedding, Integrative Treatments



From: Meagan McNamara

After meeting at Tokyo's Zero Spike Conference, Meagan McNamara speaks with Dr Jared Roscoe about his views on vaccine-derived spike protein, shedding, diagnostic testing and his clinical approach to patients affected by spike protein and cancer. He discusses therapies used at New Era Medical Center, his Florida clinic, including ozone, sauna, red light therapy, halotherapy and augmented NAC. See the interview [here](#).

Politicians: Stuck In Scientific Purgatory In Election Year



Opinion by: Jodie Bruning

The evidence for reversing chronic disease and improving metabolic and mental health is here. New Zealand's biggest political parties aren't listening.

With a general election scheduled for November 2026, I thought I would review the health policies to identify which parties understand that many of our chronic illnesses, many of the chronic diseases now common in New Zealand can be reversed or substantially improved through policies that increase education, support, dietary counselling and access to good nutrition.

Health is key to life quality, to holding a job, sustaining a relationship. Read the full piece [here](#).

NEW ZEALAND NEWS

A Wake-Up Call for Everyone



From: [Take Back Our Tech](#)

The data centre issue can be overwhelming because it's threatening so much, but the fact that it's bringing communities together, political labels aside, is a pretty cool thing. As a community, we can change the course of future of data centres in our area; other towns have done it.

- **Watch the full interview** (*First link below*)
- **Explore the map to take action** (*2nd link*)
- **Learn about privacy-first alternatives**

<https://above.sh/WL3Tfb>

<http://aidatacentermap.org/>

<http://abovephone.com/tbot>

<https://takebackourtech.org/#/portal/signup>

<https://takebackourtech.org/xmpp-comeback/>

<https://tbot.substack.com/>

**“They’ve Corrupted the Evidence
And It’s a Metaphor for the Whole Case”**



From: FreeNZ

Whistleblower Barry Young on Corrupted PST Files & Blatant Ignorance of The Law within Health New Zealand (Te Whatu Ora)

Clip from the transcript:

"You've literally had to forensically investigate every single document.

The number of times you've written to me private messages and said, "This is what I'm discovering is so corrupt."

"It's unbelievable." See the post [here](#).

When "Extremism" Means Whoever You Disagree With NZ Was There, Barely



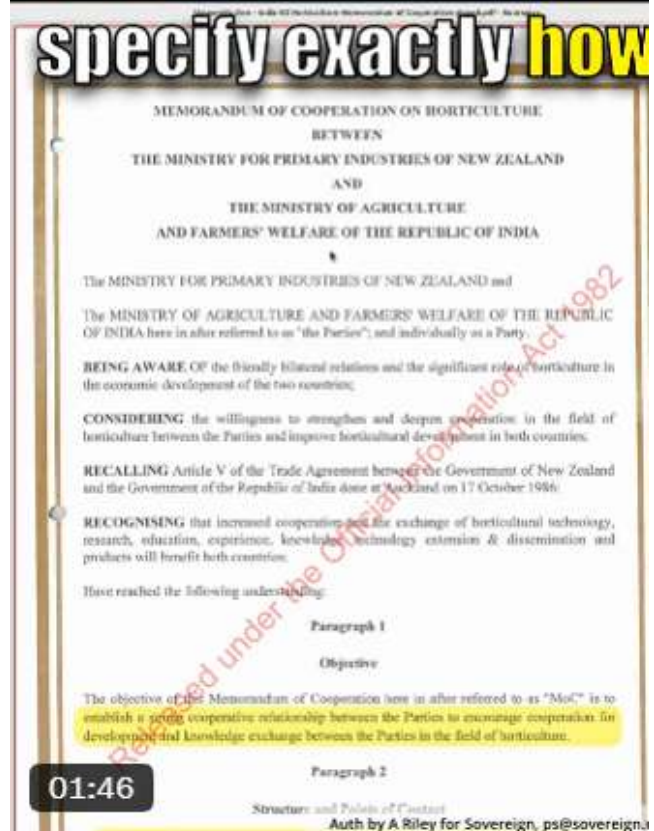
From: Penny Marie on Substack
**Ministerial On The Resurgence Of
 Political Terrorism:
 Marco Rubio Just Told The World What
 New Zealanders Have Been Living For
 Years**

On July 16, US Secretary of State Marco Rubio convened a ministerial in Washington DC - the "Ministerial on the Resurgence of Political Terrorism" - with representatives from over 60 countries, to confront what he called a resurgence of organised, violent far-left extremism. His core charge: legacy institutions - media, academia, government - have spent years treating organised left-wing violence "as a right-wing fever dream, or worse, as a dangerous fascist conspiracy," while giving it cover. (*Read the full article [here](#)*).

New Zealand was there. Barely.
 Read the rest of this story [here](#).

Want to End-Run Around Media? Use White Rose Stickers

National Sells Out



From: Joshua Riley on X
 National agreed to surrender our premium fruit varieties *four days prior* to the start of FTA negotiations. "Without any cost." Any leverage we had was already forfeited - in India - just before Luxon arrived. We weren't told. McClay's media release called it "collaboration" and "sharing of technological expertise." The words "varieties" "seeds" and "without any cost" weren't mentioned. The MoC was used as a blueprint for the India FTA as Chapter 14A - making it a treaty obligation, enforceable through the suspension of market access.



From: White Rose

Over the coming weeks, we will be releasing another massive update, including every language we've translated the TWR stickers into as well, so be sure you're following our main Telegram channel to stay up to date.

This sticker archive was brought to you by the global members of The White Rose. Made with love, and offered freely. We are freedom of speech, of, by and for The People.

See the most recent downloads [here](#).

Rumour is that [Kale Printing](#) prints this format. Or try your local printer.

The scope isn't just kiwifruit. The MoC covers apples, wine grapes, avocados, berries, and stone fruits. India's IP framework lets farmers legally propagate and sell protected varieties.

The government committed to giving away our cultivars for free - then buried the commitment behind a media release about "collaboration." Read and watch the rest [here](#).

Also read, by Ro Edge:

The more I learn about NZ's India Free Trade Agreement, the worse it becomes! It feels as if you have signed away our sovereignty for an FTA. See her piece [here](#).

The Real Measure of Intelligence Is Your Radius of Compassion



From: Mike Adams

- The Radius of Compassion as True Intelligence
- Material Wealth vs. a Life of Service
- Real Wealth and Universal Abundance
- Making a Difference Through Universal Compassion

Watch the report [here](#).

NEW ZEALAND EVENTS

Attn readers: feel free to submit information about upcoming events via email [here](#).

- **Whistleblower Barry Young Hearing:** "We need lots of people there" Tuesday 28t, July 43 Ballance St. Wgtn District Court, 2::15pm / 3:45pm



- **People's Health Alliance, Bay of Plenty:**

We're excited to invite you to our **next PHA-BOP Community Cuppa Event.**

Location: Mount Community Hall – Lounge Room, 345 Maunganui Road, Mount Maunganui,

Date/Time: Friday 31st July 2026 – 10am – 12noon

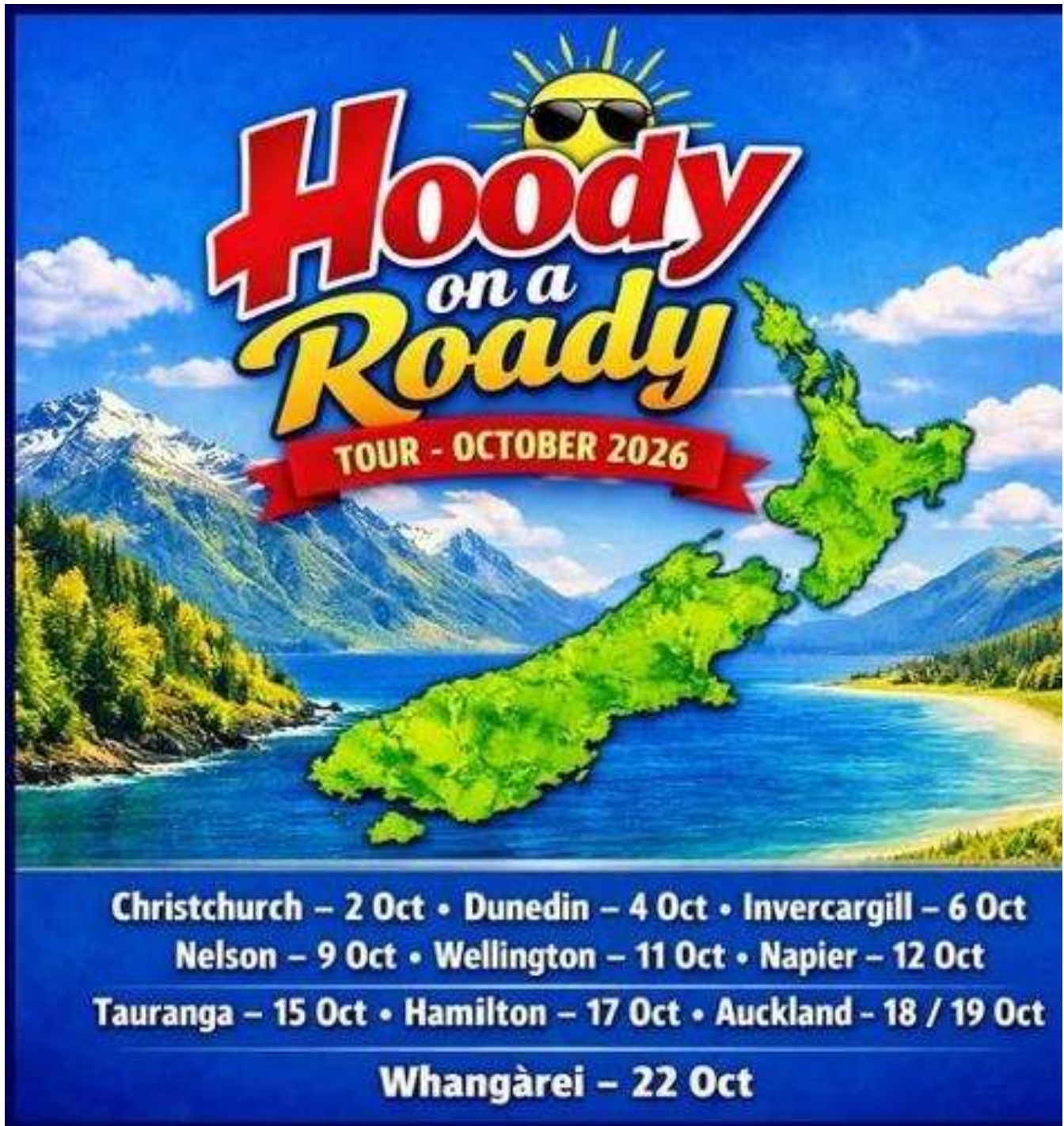
Entry Cost:\$5.00 Koha.

- **In July** we are blessed to have Michelle Bourne, Reiki NZ practitioner and valued member of our PHA-BOP team, lead a discussion around Reiki!

Michelle will be available to talk about Reiki and help answer these questions: What is Reiki? How can Reiki benefit you? Why choose Reiki? We welcome you to join us for a cuppa and open conversation, and to participate in a practical practice of feeling energy.

- **For our 28th August Community Cuppa Event**, we will follow on from Michelle's 'Reiki talk' to explore Light, Frequency and Energy! We will be offering you the opportunity to experience treatments from members of our PHA-BOP team in exchange for a Koha.

- **New Zealand is Waking Up Tour:** *See below*



"New Zealand is waking up — and, this coming October, the Hoody on a Roady Tour is bringing that awakening to towns and cities across the country.

Mandated Qantas Captain Graham "Hoody" Hood, of Club Grubbery and "Under the Hood" RCR fame - is visiting from Australia, and travelling the length of New Zealand meeting

communities face-to-face, sharing stories of courage, resilience, and truth-telling, and reminding us of something we've nearly forgotten: we are stronger together than divided. Learn more [here](#).

INTERNATIONAL NEWS

Sleepwalking into a Global Catastrophe The Failure to See the Real Danger



By: Mike Adams

We Are Sleepwalking into a Global Catastrophe: Why Trump's War on Iran Threatens the Infrastructure That Keeps Billions Alive The Failure to See the Real Danger

Admittedly, I have failed to explain the stakes clearly enough. For months, I have written about fertilizer supply chains, the Haber-Bosch process, and the vulnerability of the Strait of Hormuz. But the gravity of this crisis has not sunk in for most people. Let me put it as plainly as I can: The global population of more than 8 billion people depends on a fragile web of natural gas,

oil, and downstream chemistry that took 60+ years to build on this planet. If we lose 25 percent of these critical substances, we lose 25 percent of the population. That is 2 billion people. Here is why that math is inescapable.

As I documented in my article *The Haber-Bosch House of Cards*, the single chemical reaction that fixes nitrogen from the air into fertilizer is responsible for feeding roughly half of humanity. Read the full article [here](#).

The False Zen Of Tuning Out



Image: Jeff Bridges in The Big Lebowski, doing Tai Chi with White Russian in hand

Image: Jeff Bridges in The Big Lebowski, doing Tai Chi with White Russian in hand
By: Matt Labash

It's healthy to avoid doomscrolling -- less healthy to avoid reality

"Matt,

I haven't watched network news this century. I never watch cable news and very rarely local news, and assuredly never the weather. The impact? Huge benefits and the sun still rises in the east and each day I continue to look for pieces of the sky on the ground, finding none. I've exchanged that nonsense for something helpful: reading more and sauna/cold plunges.

I believe one can find what you are looking for. Kindness and empathy, or divisiveness and anger. Why pay attention to the latter?"

But what I'm actually hearing from you— in your news-and-weather blackout — is that you're a poorly-informed citizen who gets rained on a lot. I grant you that maybe you're happier than

many by ignoring reality. But one must allow the possibility that it's a false kind of happiness, predicated on fictions, or at least selective truth. Read this piece [here](#).

The Numbers Don't Lie: Why People Die Every 73rd Day, And Why No One Is Talking About It



From: The Burning Platform

The figures you are about to read do not originate from obscure conspiracy websites. They are extracted from actuarial reports of major insurance companies, from databases of disease control centers, and from classified government documents that reached our possession over the past eighteen months. Every source has been verified through independent methods. Everything unconfirmable has been removed. What remains is disturbing enough that publishing this material represents the greatest editorial risk undertaken in twenty-three years of journalism. Articles of this nature began disappearing from major platforms as early as 2023. Journalists who attempted to present this data have been fired, disavowed, or, in extreme cases, arrested on fabricated charges. The window for this type of reporting is closing rapidly. We publish now because in twelve to twenty-four months it will be too late — both for this article and for you.

Mortality data from 2024 has been released in fragments across actuarial reports and public health databases that no mainstream outlet has assembled into a coherent picture. When the pieces are laid side by side and examined without the filter of official interpretation, the result is unmistakable: working-age populations in developed nations are dying at rates that have no precedent in peacetime history... Read the rest of this story [here](#).

We Don't Want to Hear About This, But Keeping Aware Is Important Data Centers/Biofoundries: Transhumanism Alert



Digging deeper into the connection between data centres and smart cities, we found an extremely alarming link: Biofoundries. All of your bodies data reporting to the grid and biotech companies 24/7 for AI powered "DNA optimization," and potential dual use AGAINST you. Nobody consented to this. Ed Szall joins in to discuss. See the interview [here](#).

Stop Google's Snooping

Here's how Google is tracking you, even off YouTube

With an end-to-end surveillance of your social circle, built from links shared in your DMs.

you, be/dQw4...ps14MblIBgit

the link carries a hidden ID

Google connects you both

How to fix it quickly

Delete everything after `?si=`, and the link still works

`https://youtu.be/dQw4w9WgXcQ?si=NblIBgit-qHN7MoH`

The actual link Tracking ID → delete it

Sharing timestamps like `&t=` is safe, only `si=` tracks you.

Thanks to Mary Hobbs for providing the image above.

Friends don't send friends YouTube links with trackers on 'em.

Send this to everyone you know and get ahead of Google's snooping.

Telegram is Leaking Device IDs



Pavel Durov owes us some answers.

Pavel Durov—you have failed us big time. Telegram, one of the biggest messaging apps in the entire world with over a billion users, has always promised it would never share user messages.

In 2025, CEO Pavel Durov famously quipped that he would rather die than give access to third parties. See the article [here](#).

Singer/Songwriter Mon Rovia on Transforming Past Pain



This conversation will change the way you think about your past, your pain, and your purpose. Today, Mel sits down with singer-songwriter Mon Rovîa, whose breathtaking

It's Official WW III Has Begun



From: Alex Jones

Former Green Beret & world renowned combat journalist / geopolitical analyst, Michael Yon, joins Alex Jones LIVE in-studio to break down how the world's two major power blocks are now locked in a hot war for global domination. Watch the interview [here](#).

Clarity on the Oct 7th Event



Everything you ever wanted to know about the conspiracy theory surrounding the events of October 7 in under 5 minutes. Watch [here](#).

journey from war-torn Liberia, where he narrowly escaped becoming a child soldier, to the global stage will stop you in your tracks. But this isn't just about his story—it's about what his story will awaken in you. Adopted and raised in the U.S., Mon spent years trying to outrun his trauma. What followed was guilt, despair, and a deep feeling of not belonging anywhere. Watch this interview [here](#).

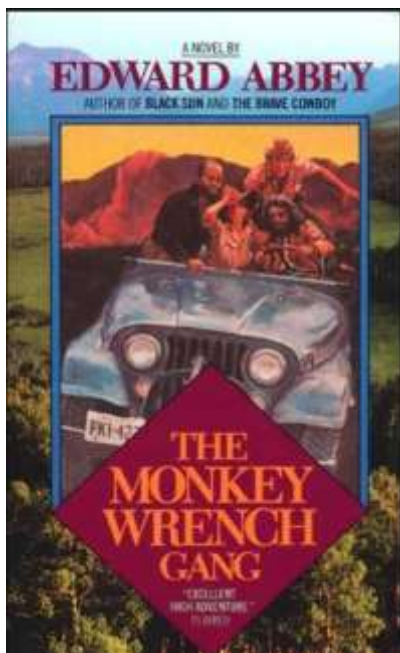
"Are We Digging Our Own Graves?"



Neil Oliver Interviews Tucker Carlson, "...they've put us under a spell!"
Watch this important interview [here](#).

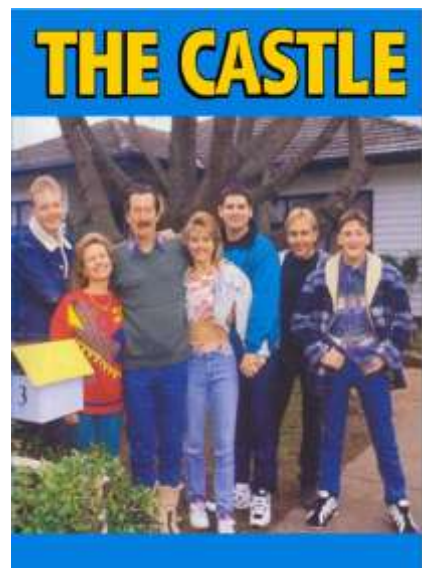
Essential Reading & Watching A Banned Book and Movie

An Inspiring Classic



The late Edward Abbey was a prolific nature-rights author. This story, told in fictional form, was based on the founding of Earth First. It was banned on the East Coast of the US because of its powerful message of taking action. An inspiring read for our times. No bombing dams here, but at least it will get us thinking about how much we'll put up with before taking some sort of action on a tower or a camera.

Don't Miss This Film



This classic Aussie film from the '80's may not be "banned", per se, but it's sure hard to find. Maybe because it tells a story, way back then, of how business and government are married and they often get their way with the common folk, but not in this case. See it [here](#).

Keeping A Sense of Humour Perspective

Not A Good Time To Tell Jokes in Canada



As a comedian, you never know when you'll be asked to perform. Sometimes it's a theater. Sometimes it's a border crossing. See the joke that got him through customs [here](#).

Goodbye Lindsey Graham



Stand-up Comic Sammy Obeid lays it bare about Lindsey Graham.

"May he enjoy retirement."

If you've not heard of Obeid, check out some of his other material. You won't be dissapointed. Watch this one [here](#).

"How did my parents combat boredom before the internet?

I asked my 26 brothers and sisters and they didn't know either."



STATEMENT OF PEACEFUL INTENT

At New Zealand Rising we would like to reiterate our position as an organization that is fully committed to peaceful, non-violent action and dissent and to clearly state that we do NOT support or wish to be associated with anyone who is advocating, suggesting or even just implying violent revolutionary change. You can read more about what we stand for in our Guiding Principles.

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